Logbook for reflections

Reflection: Topic 4 ‘Discover your Network’

* Write down what and how you have worked on ‘your own tailor-made programme’. Did you already submit it to the trainers? What is still to be done to give a good presentation about your program on day 8, the last day of this training?
* Write down the 3 - 5 exercises you have selected for your own group of youth from the topic ‘Discover your Network’. Explain why you have chosen those exercises and how they are in line with the needs assessment of your target group.
* Write down what you want to achieve by doing a try-out of one of the exercises.
* Write down what you learned from all the exercises, demonstrated in this group. Which tips you want to remember?